

# THE COACH OF COACHES

**A 90TH BIRTHDAY SALUTE:  
HELEN DUVAL BLAZED  
A COACHING TRAIL  
THAT LED TO TODAY'S  
OUTSTANDING PROGRAMS.**

*(Editor's Note: **Bowlers Journal International** introduced the "100 Top Coaches" program last year to provide long-overdue recognition to some of the most important contributors to our industry and sport, and to help bowlers find qualified coaches in their area. With both of those goals in mind, this year we're listing the honorees in alphabetical order by state, rather than name. We've also included a list — found at the end of this feature — of coaches who just missed the "100" cut, also listed alphabetically by state.)*

**HELEN DUVAL WAS THE LEADING** money winner on the women's pro bowling tour in 1966. But over the years, her ability as a high-level bowler was overshadowed by her devotion to helping others bowl better and her philanthropic activities. When you think about it, not a bad legacy at all...

Duval attended Berkeley High School in the San Francisco Bay Area as the Roaring

Twenties converged with the Depression-plagued Thirties. Upon graduation, she found a job as a milliner, and had some time to kill each day after work as she waited for a bus to take her home. Often, she'd stop by Cal Rec and watch people bowl to pass the time. One day, in an early incarnation of "Bring a Friend," someone at the alley asked her if she'd like to give bowling a try. Turned out she was a natural.

And so began a lifelong love affair with bowling. In addition to being a top-flight player and a bowling center owner with husband Rosy, Duval had a knack for teaching. Her local clinics were popular, and Duval's reputation as a coach spread — all the way to Chicago, where Milt Raymer had founded the American Junior Bowling Congress. Raymer subsequently drafted Duval to spearhead youth devel-

**Duval taught bowling to countless thousands, and in an eclectic array of venues. Here, for a television program, she gives a few pointers to a very young Bob Barker.**



## 100 TOP COACHES

| NAME                  | LOCATION                 | YOUTH SCHOOL PROFESSIONAL |        |              | OF NOTE...  |
|-----------------------|--------------------------|---------------------------|--------|--------------|---|
|                       |                          | YOUTH                     | SCHOOL | PROFESSIONAL |   |
| JEFF McCORVEY         | Huntsville, ALABAMA      | X                         | X      | X            | Led Alabama A&M to second place in NCAA Championships; holds six certifications.                        |
| RACHEL ESQUIVEL PEREZ | Maumelle, ARIZONA        | X                         | X      | X            | Worked with 2,000-plus bowlers on CATS; conducted Rolling Thunder Clinics for Storm.                    |
| MARK BAKER            | Costa Mesa, CALIFORNIA   |                           |        | X            | PBA champ who works in conjunction with PBA host Fountain Bowl and local pro shops.                     |
| GLENN CARLSON         | Fresno, CALIFORNIA       |                           | X      |              | Legendary coach at Fresno State since 1970; Herb Kelmer Coach of the Year in 2005.                      |
| JOHN JOWDY            | El Cajon, CALIFORNIA     |                           |        | X            | Long-time Columbia 300 staffer who still coaches several top pros.                                      |
| ROD ROSS              | Manteca, CALIFORNIA      | X                         |        | X            | USBC Master Instructor; head coach of Junior Team USA; coached Leanne Barrette.                         |
| TERESA ROSS           | Manteca, CALIFORNIA      | X                         |        | X            | Much sought-after instructor in Central California; USBC Silver level coach.                            |
| TOM SHEPHARD          | Goleta, CALIFORNIA       | X                         | X      | X            | Silver coach who combines lessons with pro shop expertise; bowling instructor at UCSB.                  |
| BILL TAYLOR           | Covina, CALIFORNIA       |                           |        | X            | IBPSIA Lighthouse Award for lifetime contribution; wrote <i>Fitting &amp; Drilling a Bowling Ball</i> . |
| TOM BLASCO            | Satellite Beach, FLORIDA |                           |        | X            | Known for traveling great distances to give a lesson; sports psychology expert.                         |

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|------------------|-------------------------------|-------|--------|--------------|--|
|                  |                               | YOUTH | SCHOOL | PROFESSIONAL |  |
| PAT COSTELLO     | Orlando, FLORIDA              | X     | X      | X            | Recipient of two Collegiate Coach of the Year awards. (See "Up Close" in this issue.)      |
| JOHN GAINES      | Orlando, FLORIDA              |       |        | X            | Helped develop future wife Kendra into a top pro; also has worked with Tommy Jones.        |
| KENDRA GAINES    | Orlando, FLORIDA              | X     | X      | X            | Has opened three pro shops since 2003 and has a full-time coaching program at each.        |
| MICHAEL LAMEYER  | Lake Worth, FLORIDA           |       |        | X            | Students have won the Florida State and Palm Beach City men's championships.               |
| MARYFRAN MILBANK | Winter Haven, FLORIDA         |       |        | X            | Coaches bowlers at all levels, beginners to pros, with equal enthusiasm; Silver certified. |
| MICHAEL NYITRAY  | Fort Lauderdale, FLORIDA      | X     |        | X            | First to complete Gold certification; has coached and given clinics in six countries.      |
| STEPHEN PADILLA  | Winter Haven, FLORIDA         | X     | X      | X            | Coached Kegel's Junior Elite team to 2005 Junior World Challenge championship.             |
| LUCY SANDELIN    | Tampa, FLORIDA                |       | X      | X            | Volunteer coach at Alonso High School; member of Florida's state bowling clinic staff.     |
| JACK SCHMID      | The Villages, FLORIDA         |       |        | X            | Senior bowlers are a specialty; one pupil won Florida and National Senior Games.           |
| BRENT SIMS       | Lake Wales, FLORIDA           |       |        | X            | Organizes clinics for bowlers of all ability levels at the Kegel Training Center.          |
| RANDY STOUGHTON  | Lake Wales, FLORIDA           | X     | X      | X            | Coached Ebonite Staff players for 12 years; former PBA Players Services Director.          |
| KEN WEBBER       | Orlando, FLORIDA              | X     | X      |              | Led Central Florida men to a No. 1 national poll rating; assists Bill Taylor at clinics.   |
| WILLIAM ZUBEN    | Largo, FLORIDA                |       | X      | X            | Gold coach with IBPSIA certification; coached 2-time Florida state high school champs.     |
| RICHARD SHOCKLEY | Loganville, GEORGIA           | X     |        | X            | Junior Team USA coach for 3 years; now National Director of Coaching for Brunswick.        |
| DIANDRA ASBATY   | Chicago, ILLINOIS             |       |        | X            | Has produced numerous success stories at the high school and collegiate levels.            |
| BRIAN CHILCUTT   | Round Lake, ILLINOIS          | X     |        | X            | On the cutting edge of technology in both bowling balls and pro shop/teaching aids.        |
| MICHAEL IMES     | O'Fallon, ILLINOIS            | X     | X      | X            | Instructor chosen to coach for the Australia/New Zealand Sports Ambassadors program.       |
| TOM KOUROS       | Palatine, ILLINOIS            |       |        | X            | Wrote the best-selling <i>Par Bowling</i> book, and certified countless top-level coaches. |
| CARMEN SALVINO   | Schaumburg, ILLINOIS          |       |        | X            | Inventor and innovator noted for being able to spot and correct problems quickly.          |
| BRAD SNELL       | Mount Prospect, ILLINOIS      |       |        | X            | Silver level coach who counts Tom Kouros and Bill Taylor among his mentors.                |
| BILL SPIGNER     | Vernon Hills, ILLINOIS        | X     | X      | X            | Gold certified coach and PBA champion who wrote for <i>Bowling Digest</i> magazine.        |
| BRUCE TRES       | Chicago, ILLINOIS             | X     | X      | X            | Volunteers a great deal of time and his keen eye to youth and high school coaching.        |
| RICHARD WILLIAMS | Aurora, ILLINOIS              |       | X      |              | Has been coaching for decades, and devotes countless hours to high school programs.        |
| GARY SPARKS      | Vincennes, INDIANA            |       | X      | X            | Coached Vincennes to numerous national championships; elected to NJCAA Hall of Fame.       |
| RICK BENOIT      | Topeka, KANSAS                | X     | X      | X            | World-renowned coach who counts Chris Barnes and Mika Koivuniemi among students.           |
| MARK LEWIS       | Wichita, KANSAS               | X     | X      | X            | Coached UAE to its first World gold; coached Wichita State women to a national title.      |
| CASEY SLAUGHTER  | Wichita, KANSAS               |       | X      |              | National coach trainer; head of Strike University; coached Kansas high school champs.      |
| GORDON VADAKIN   | Wichita, KANSAS               |       | X      |              | Gold level coach who led Wichita State to 12 of its 14 national collegiate championships.  |
| JIM MERRELL      | Florence, KENTUCKY            | X     | X      | X            | Coaches University of Cincinnati as a volunteer; founded Gr. Cincinnati Coaches Assn.      |
| MIKE LASTOWSKI   | Aberdeen, MARYLAND            |       |        | X            | A Team USA coach from 1994-97; coached Debbie Kuhn to WIBC Tournament records.             |
| GARY PARSONS     | Camp Springs, MARYLAND        | X     |        | X            | Silver level coach; created IBPSIA's Advanced Certification Technical Pro Shop Course.     |
| LOUIS MARQUEZ    | Saint Clair Shores, MICHIGAN  | X     | X      | X            | Head Coach and Manager of Turbo Tech; served as national coach for Hong Kong.              |
| MICHELLE MULLEN  | Farmington Hills, MICHIGAN    | X     |        | X            | A Team USA coach in 1994-95; authored the instructional book <i>Bowling Fundamentals</i> . |
| ALETA SILL       | Livonia, MICHIGAN             | X     |        | X            | Co-owns Your Bowling Coach with Mullen; helped elevate Michelle Feldman's game.            |
| RON HOLMES       | Warrensburg, MISSOURI         | X     | X      | X            | Has tutored national champs, All-Americans and Players of the Year at Central Missouri.    |
| BRAD POLLARD     | Marshfield, MISSOURI          | X     |        | X            | Silver coach who believes helping bowlers improve keeps them involved in the game.         |
| KELLY BEDNAR     | Raleigh, NORTH CAROLINA       | X     |        | X            | Master instructor for Pro Shop Certification program; Developmental Coach of the Year.     |
| RON CLIFTON      | Winston-Salem, NORTH CAROLINA |       |        | X            | Runs Advanced Bowler Training Clinics; coaches several top PBA South Region players.       |
| JOSEPH SLOWINSKI | Morganton, NORTH CAROLINA     | X     | X      | X            | Assistant Coach for Livingstone College, and Head Coach of Hungarian National Team.        |
| DENNY GROVER     | Blair, NEBRASKA               |       | X      |              | Coach of Nebraska's "other" top program (Omaha). Produced 5 Academic All-Americans.        |
| PAUL KLEMPA      | Lincoln, NEBRASKA             |       | X      |              | Works with Bill Straub to produce a perennial powerhouse at Nebraska-Lincoln.              |
| BILL STRAUB      | Lincoln, NEBRASKA             |       | X      |              | Nebraska's head coach; tutored Shannon Pluhowsky, Tony Manna, Diandra Asbaty, etc.         |
| TONY BILELLO III | Bayville, NEW JERSEY          | X     | X      | X            | Lead instructor for Dick Ritger's Bowling Camps; coached UAE team in 1997-98.              |
| DAVID CLAMPFFER  | Neptune, NEW JERSEY           |       | X      |              | His teams at Howell High School had compiled a 490-104 record entering 2005-06.            |
| MARIANNE DIRUPO  | Succasunna, NEW JERSEY        | X     | X      | X            | Post-PWBA, has become a highly regarded coach with a loyal following.                      |

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| BOBBI ANN HOVEN      | Las Vegas, NEVADA        | X                         |        |              | Ran legendary youth program at Showboat; involved in Special Olympics for 25 years.        |
| JEANETTE ROBINSON    | Las Vegas, NEVADA        | X                         | X      | X            | Las Vegas coach who recently has helped produce a state high school champion team.         |
| KELLY KULICK         | Union, NEW JERSEY        | X                         | X      | X            | A Dick Ritger coach; helped pilot Morehead State to a national title while on the team.    |
| KEN YOKOBOSKY        | Rockaway, NEW JERSEY     |                           |        | X            | Trained as a player under and later coached alongside Fred Borden and Jeri Edwards.        |
| FRANK COBURN         | Tonawanda, NEW YORK      | X                         | X      |              | Coached wife and two daughters into halls of fame. Students won 22 women's pro titles.     |
| BRIAN DODDS          | Ontario, NEW YORK        | X                         | X      | X            | Silver coach known for his quick root-cause analysis of students' bowling problems.        |
| RICHARD WALLDING     | Spencer, NEW YORK        | X                         | X      | X            | A Dick Ritger instructor since 1980, and founded the bowling team at Cornell University.   |
| FRED BORDEN          | Akron, OHIO              | X                         |        | X            | World's highest-profile bowling coach and the developer of countless instructional aids.   |
| KATHY DEMARCO        | Amelia, OHIO             | X                         | X      |              | Runs Demarco's Bowling Camp; promotes in-school bowling; coaches at 4 high schools.        |
| JERI EDWARDS         | Medina, OHIO             | X                         |        | X            | Head Coach of Team USA and partner in new coaching website, MyBowlingCoach.com.            |
| RON HATFIELD         | Pataskala, OHIO          | X                         | X      | X            | A Gold certified coach, and a Legends and Lane Masters Gold Staff member.                  |
| ANDY PARKER          | Englewood, OHIO          | X                         | X      | X            | Coached at 2005 Friendship Games in Australia; has run successful school programs.         |
| TOM REID             | Oberlin, OHIO            |                           | X      | X            | Central Missouri coach who helped develop Chris Loschetter into a PBA exempt player.       |
| RICHARD WILLIAMS     | Chesterland, OHIO        | X                         |        | X            | Certified 124 new coaches and 51 Bronze coaches in 2005; '03 Volunteer Coach of Year.      |
| MICK McMAHON         | Molalla, OREGON          | X                         |        | X            | One of the Northwest's top coaches; early mentor of Marshall Holman and Dave Husted.       |
| BECKY HERMAN         | Allentown, PENNSYLVANIA  | X                         |        | X            | Coach and youth league/tournament organizer in the Lehigh Valley; USBC Silver certified.   |
| MIKE SHADY           | Fairview, PENNSYLVANIA   | X                         |        | X            | Has coached Jeremy Sonnefeld, Marc McDowell, Rich Abboud, Michael Machuga, etc.            |
| MARTY JONES          | Riverside, RHODE ISLAND  | X                         |        |              | Coached team to 2005 TNBA National Championship; part of "Filling Da Frames" team.         |
| MONICA SCOTT         | Riverside, RHODE ISLAND  | X                         |        |              | Followed Jones as TNBA Coach of the Year; program honored by city of Providence.           |
| PATRICIA HEARTSFIELD | Lawrenceburg, TENNESSEE  | X                         | X      |              | Developed curriculum for high schools; noted for her work with special-needs students.     |
| MARK HUBBUCH         | Mount Juliet, TENNESSEE  | X                         | X      | X            | Has coached two Star of Tomorrow recipients and a state high school champion team.         |
| NORM TITUS           | Columbia, TENNESSEE      | X                         | X      | X            | Silver coach noted for equipment knowledge; worked with Jason Couch at Kegel.              |
| JIM KING             | New Braunfels, TEXAS     |                           |        | X            | Instructor for 45 years; runs Super School; counts Dave Soutar among his students.         |
| BILL LISH            | Carrollton, TEXAS        | X                         | X      | X            | Developmental Coach of the Year in 2003; now National Team Coach for Bahrain.              |
| SUSIE MINSHEW        | Alvarado, TEXAS          |                           |        | X            | Silver level master instructor for USBC Coaching; two-time Coach of the Year.              |
| CAROL NORMAN         | Houston, TEXAS           |                           |        | X            | Has taught full-time for Storm; CATS instructor at national tournaments; Silver certified. |
| JIM SANDS            | Houston, TEXAS           | X                         | X      | X            | Used video analysis before it had become popular; 1998 Developmental Coach of Year.        |
| DEL WARREN           | Helotes, TEXAS           |                           |        | X            | Gold certified; developed Pure Approach System; coached Bob Learn to a TV record.          |
| MIKE JASNAU          | Liberty, UTAH            |                           |        | X            | Lead instructor at National Bowling Stadium; has given 5,000-plus CATS-based lessons.      |
| KAREN PULLMAN        | Salt Lake City, UTAH     | X                         | X      | X            | Gold level coach who has led University of Utah women to two ACU-I championships.          |
| DAVID JOSEPH HARRIS  | Chesapeake, VIRGINIA     | X                         |        | X            | 2005 Developmental Coach of the Year; numerous success stories in PBA South region.        |
| MO PINEL             | Yorktown, VIRGINIA       |                           |        | X            | Renowned for national series of clinics and seminars; bowling ball designer.               |
| RON HOPPE            | Marysville, WASHINGTON   |                           |        | X            | IBPSIA founder; has coached national teams around the world, including Russian youth.      |
| PAUL KREINS          | Edmonds, WASHINGTON      | X                         | X      | X            | Coached Shorecrest High School to a 26-1 record in first year of the program.              |
| BOB REA              | Bethell, WASHINGTON      | X                         | X      | X            | National Director of Youth Development for BPAA; created Port-A-Bowl for schools.          |
| DWIGHT ALBRECHT      | Brookfield, WISCONSIN    | X                         |        | X            | Silver level coach who is a master instructor for USBC-CATS clinics.                       |
| KEVIN DORNBERGER     | Greendale, WISCONSIN     |                           | X      |              | Has coached five future collegiate champions as juniors, including Jeremy Sonnenfeld.      |
| RICH GROGAN          | Franklin, WISCONSIN      | X                         |        | X            | Co-editor of <i>The Bowler's Guide</i> textbook; primary "tips" writer for Bowl.com.       |
| JANET HUSS           | Muskego, WISCONSIN       | X                         |        |              | Coached Muskego High School girls to Wisconsin Bowling Club Championship.                  |
| BOB MAKI             | Greendale, WISCONSIN     |                           |        | X            | Director of Coaching for USBC who works to build stronger coaching fundamentals.           |
| STEVEN MICHELFELDER  | Oak Creek, WISCONSIN     | X                         | X      | X            | Silver level coach who is now coaching the first club teams at Marquette University.       |
| CARY PON             | Greendale, WISCONSIN     | X                         | X      | X            | An assistant coach for Junior Team USA; developed materials for USBC Coaching.             |
| DICK RITGER          | River Falls, WISCONSIN   | X                         | X      | X            | Continues to positively impact bowling through his Bowling Camps and Ritger System.        |
| FRANK BUFFA          | Montreal, Quebec, CANADA |                           |        | X            | Noted international coach; developed and operates the Buffa Studio training center.        |
| GORAN BERGENDORFF    | Aarhus, DENMARK          |                           |        | X            | A Bill Taylor and Fred Borden disciple who has written Sweden's instructional materials.   |



opment in northern California. Before long, the Duval family's College Bowl had become the home of the California Training School — a school for teaching men and women how to coach. And Duval was traveling up and down the West Coast, conducting clinics for both youngsters and aspiring coaches.

Duval has claimed that she simply was in the right place at the right time, but the evidence proves otherwise. Teaching bowling wasn't just a job for her; it had become a passion. And thanks largely to her efforts, the youth programs of California began churning out national stars such as Donna Adamek, Nikki Gianulias, *et al.* The domination of high-level women's bowling by East Coast and Midwest players was history; women's bowling had become a truly *national* sport.

As if pioneering youth bowling in California and being one of the founders of the women's pro Tour weren't enough, Duval also devoted countless hours to helping hospitalized veterans learn how to bowl. On behalf of the BVL Fund (now known as the Bowlers to Veterans Link), she crisscrossed the country for more than 20 years. Of the 173 veterans' hospitals in the United States, there is not one that she has not visited.

Duval knew a thing or two about helping people overcome disabilities. Her own son, Richard, was diagnosed with polio in 1954, and spent more than a year in a hospital. He was still confined to a bed when he returned home, and gradually became able to use a wheelchair. But his condition didn't stop him from bowling in the family's eight-lane center. Once Richard was able to take a few steps, Duval taught him how to stand at the line and roll the ball with a single-step delivery.

One day, using that method, Richard rolled a 300 game, and soon became a poster boy for disabled people. With his mother's help, he proved that having a disability did not equate with not having a life. Duval helped tens of thousands of people enjoy and excel in bowling through the years, but she describes her work with Richard as her "crowning glory." Nothing, she says, brought her greater satisfaction.

On the occasion of her 90th birthday, *Bowlers Journal* dedicates this year's

coaching salute to a woman whose coaching efforts touched so many lives in so many positive ways: Helen Duval. — **Bob Johnson**

*Other outstanding bowling coaches:*

**Arizona:** Jordan Nassberg, Scottsdale. **Arkansas:** Michael Payne, Jacksonville; Lonnie Smith, Trumann.

**California:** June Brown, Modesto; Juan Fonseca, Los Angeles. **Colorado:** Roger Thomas, Colorado Springs.

**Florida:** Vernon Peterson, Winter Haven; John Sather, Orlando. **Idaho:** Tad Capurro, Kimberly.

**Illinois:** Robert Dedee, O'Fallon; Chauncey Jones, Chicago; David West, Carol Stream. **Indiana:** Tony Spinella, Clarksville; Dick Tucker, Hammond; Douglas Wiedman, West Lafayette.

**Kansas:** Anthony Stout, Garden City; Suzan Fasching Sturtz, Olathe; Patricia Zuck, Manhattan. **Kentucky:** Douglas Barker, Louisville; Chuck Farish, Louisville.

**Massachusetts:** Joseph Lynch, Leominster. **Michigan:** Gregory Glumm, Garden City; David Jackson, Charlotte; Michael Sarandrea, Taylor.

**Minnesota:** Brian Frederickson, Hopkins; Don White, Minneapolis. **Nevada:** Bill Hall, Las Vegas. **North Carolina:** Clyde Ferguson, Hudson.

**New Jersey:** Jeffrey Frye, Hackettstown; Tony Norcia Jr., Point Pleasant; Debbie Stein, North Brunswick; Rusty Thompson, Old Bridge.

**New Mexico:** Dana Miller-Mackie, Albuquerque. **New York:** Gary Cioch, Frankfort; Richard Pitts, Red Creek; Edward Quinones, Endwell. **Ohio:** Jack Bruderly, Salem; Kathy Kaplan, Keizer.

**Pennsylvania:** Larry Barnes, Bloomsburg; Michael Clouser, Ephrata; Perry Emes, Harrisburg. **South Carolina:** Vangie Wathen, Dalzell. **South Dakota:** Linda Kay Anderson, Sioux Falls; Paul A.E. Anderson, Sioux Falls.

**Tennessee:** Marsha Curran, Old Hickory. **Texas:** Edward Calcote, Friendswood; Donna Connors, Houston; Robert Maxfield II, Irving; Guy Morton, El Paso; Philip Prieto, El Paso.

**Washington:** Rosamond Dibble, East Wenatchee; John Fantini, Vancouver; **Wisconsin:** Erik Gialdella, Oshkosh; Chad Sorce, West Allis.

**Canada:** Sandy Lowe, Bowmanville, Ontario. **Denmark:** Rene Klausen, Varde. ☺