

# PRECISELY 100 (AND NINE) WAYS TO IMPROVE YOUR BOWLING

The only list you need is back, and it's better than ever.

**TOM KOUROS, PAR BOWLING AUTHOR AND BJI CONTRIBUTOR**, once said, "Coaching is a gift. You either have that gift, or you don't." Well, ladies and gentleman, the following 100 (and nine) names have that gift. *BJI* once again has selected the finest teachers, going to great lengths to sort through an application pool that was by far our most competitive ever.

And, in order to more clearly distinguish and honor some names in the coaching world, *BJI* has added a new category to our

annual list. Now, we honor nine additional coaches who, in the eyes of our expert panel of judges, warrant "tenpin tenure." This most

prestigious honor has been bestowed upon coaches whose successes have deeply influenced and changed the coaching world. They are

the innovators and masters, and they have earned every right to bowling's equivalent of academic freedom. As regular readers may also notice, the format of this year's "100 Top Coaches" list has slightly changed. Now, coaches are listed alphabetically, not by state. A brief bio for each coach follows their name and location.

## 100 TOP COACHES

### **Allen, Sid — Latvia**

One of the foremost international coaches; now leads the Latvian national team.

### **Angelo, Brad — Lockport, NY**

Touring pro is also a proficient coach; featured at numerous instructional seminars.

### **Asbaty, Diandra — Chicago, IL**

USBC Youth spokeswoman and international bowling icon loves working with youth bowlers.

### **Baca, Sam — Galt, CA**

Gold coach has worked with the likes of Wendy Macpherson, Jim Goodman and Johnny Petraglia.

### **Baker, Mark — Costa Mesa, CA**

Rising force in the coaching world runs a successful bowling camp called "Camp Bakes"; has instructed Tennelle Milligan and Walter Ray Williams Jr.

### **Ballard Jr., Del — N. Richland Hills, TX**

Team USA member and former touring pro now coaches many top bowlers; runs Ballard's Bowling Solutions pro shop.

### **Barker, Dug — Louisville, KY**

Instructional article writer works well with youth and high school bowlers.

### **Barinque, Steven A. — Live Oak, TX**

Silver coach has developed several strong youth and high school athletes.

### **Bednar, Kelly — Raleigh, NC**

Silver coach is an IBPSIA certified technician; 2005 Developmental Coach of the Year.

### **Bellinder, Frank — Fullerton, CA**

Pro shop owner has 45 years of teaching experience; taught daughter, Missy.

### **Bellinder, Missy — Fullerton, CA**

Coaches students at California State University-Long Beach; works with youth, high school and professional bowlers.

### **Bilello III, Tony — Bayville, NJ**

Level III Ritger coach; lead instructor for Dick Ritger bowling camps since 1995.

### **Blasco, Tom — Satellite Beach, FL**

Sports psychology expert; adept at handling youth bowlers transitioning to the adult level.

### **Boomershine, Hank — Brigham City, UT**

Storm Bowling Products ball designer also has a hand in the world of coaching, leading seminars and demonstrative events.

### **Buffa, Gianfranco — Canada**

International coach has headed some of the world circuit's best bowling programs.

### **Calhoon, Bill — Cooksville, IL**

Former PBA and PWBA ball rep now aids bowlers across the nation; teaches fellow instructors how to incorporate technology into their lessons.

### **Carter, Jeff — Springfield, IL**

Touring pro gives several hundred lessons a year; also offers online instruction via his website.

### **Carter, Tom — Rockford, IL**

One of Illinois' many premier coaches; PBA senior bowler and pro shop owner is widely known as one of the best.

### **Chilcutt, Brian — Hopkinsville, KY**

Gold coach and former pro shop owner; serves Ebonite's Powerhouse brand in coaching and bowler development capacities.

### **Clifton, Ron — Winston Salem, NC**

Personal coach for several top PBA South region players; holds "Advanced Bowler Training Clinics" across the U.S.

### **Combs, Jeff — Portland, OR**

Developed high school bowling teams; his team won state titles in 2002, 2003 and 2005, while never finishing out of the top six from 1996-2005.

### **Connors, Donna — Houston, TX**

Member of Storm Bowling's instructional staff; helped several youth and high school bowlers make the ranks of college teams.

### **Costello, Pat — Orlando, FL**

University of Central Florida head coach ranks among the college scene's very best.

### **Cruz, James Jr. — San Antonio, TX**

# 100 TOP COACHES

Gold candidate uses video instruction to help his bowlers; believes he can make a difference and frequently sees such a goal to fruition.

## **D'Ambrosio, Michael — Elmont, NY**

Accomplished coach has served as a guest professional instructor both for the USBC and MoRich Enterprises.

## **Dill, John F. — Wheaton, IL**

Built his youth league's coaching staff up to 21 certified instructors; selflessly dedicates himself to improving youth and high school bowlers, week-in, week-out.

## **Dorian, Dan — University Center, MI**

Saginaw Valley State University coach known for transforming his program into a national title contender; gets the most out of his players.

## **Edwards, Jeri — Medina, OH**

Gold-level instructor is head coach for Team USA; has worked with Lynda Barnes, Chris Barnes, Diandra Asbaty and Rhino Page.

## **Fallgren, Palmer — Bradenton, FL**

Gold-level coach formerly was the head instructor for Team USA; recognized as one of the "elite."

## **Gardner, Chuck — Charlotte, NC**

Worked as a PBA Tour rep for both Columbia and Track, coaching the game's best athletes; now actively performs clinics for Brunswick.

## **Grogan, Rich — Murrells Inlet, SC**

Co-author/editor of *The Bowler's Guide* for individuals and college textbooks; lead instructor for USBC athlete development drills.

## **Hall, Bill — Las Vegas, NV**

Internationally recognized coach has led several different national teams to tournament victories.

## **Haggerty, Debra — Weimar, CA**

Coach and mother to P.J. Haggerty has also developed a solid youth program with multiple high level players; frequently travels to her students' tournaments.

## **Harns, David — Chesapeake, VA**

Considered the Tidewater area's "Energizer Bunny of bowling"; runs dozens of clinics and holds individual lessons.

## **Hatfield, Ron — Columbus, OH**

Gold-certified instructor is the chief operating officer of MyBowlingCoach.com.

## **Henry, Pat — Wichita, KS**

Wichita State graduate has coached several international teams, including those in Saudi Arabia and Qatar.

## **Holmes, Ron — Warrensburg, MO**

Has helped the women's team at Central Missouri rival more established programs.

## **Hoppe, Ron — Marysville, WA**

Top-flight coach is known for developing international talent.

## **Imes, Mike — O'Fallon, IL**

USBC Master Instructor; 2001 David Dahms Coach of the Year.

## **Jasnau, Mike — Eden, UT**

Gave thousands of lessons in Albuquerque to bowlers prepping for the USBC Open Championships.

## **Jones, Chauncey (C.J.) — Chicago, IL**

Authors instructional tips; regarded by some as the "man to see on the South Side of Chicago."

## **Jones, Marty — Riverside, RI**

The man behind "Filling Da Frames" has developed a highly successful youth program; plants within his students a true love for the game.

## **King, Jim — New Braunfels, TX**

Instructional magazine editor heads annual "Super Schools."

## **Kregling, Becky — Hamden, CT**

Sacred Heart University coach; serves on the NCAA National Committee, Collegiate Committee and the Coaches Association Committee.

## **Kubacki, Michael J. — Griffith, IN**

Guided Calumet College of St. Joseph, a first-year collegiate program, to a ninth-place finish at the national finals.

## **Lastowski, Mike — Aberdeen, MD**

Gold coach was a Team USA coach from 1994-1997; has written or participated in articles published by *BJI* and other magazines.

## **Learn, Bob Jr. — Harborcreek, PA**

Instrumental in developing USBC Academy coaching events; also contributed to USBC's "Bowl Like The Pros."

## **Lewis, Mark — Wichita, KS**

Gordon Vadakin's partner in college bowling championship "crime"; has helped many of the great bowlers who graduated from Wichita State.

## **Lightfoot, Randy — St. Charles, MO**

Led Lindenwood University to a national title; made the program into a regular contender.

## **Lish, William (Bill) — Carrollton, TX**

2003 Developmental Coach of the Year; writes instructional and technical articles.

## **Luongo, Michael — Middletown, NY**

Lead instructor for Carmen Salvino Bowling Schools; lead video instructor for MoRich Enterprises Bowling Camps.

## **Marquez, Lou — Chesterfield, MI**

Gold-certified coach leads the Turbo Grips training center; works with some of the game's

premier athletes on a regular basis.

## **Maxfield III, Robert C. — Irving, TX**

Silver-level coach is also Level II Ritger certified; produced four high school state champs.

## **McCorvey, Jeff — Owens Cross Roads, AL**

Highly accomplished head coach of Alabama A&M University; 2007 Southwest Athletic Conference Coach of the Year.

## **McMahon, Mick — Molalla, OR**

One of the Northwest's top coaches; early mentor of Marshall Holman and Dave Husted.

## **Merrell, Jim — Florence, KY**

Silver-level coach is also an IBPSIA Advanced Pro Shop technician; conducted Kegel Training Center clinics.

## **Milbank, Maryfran — Winter Haven, FL**

USOC Developmental Coach of the Year in 2000; taught Joy Esterson, Mike Marsico and Samantha Linder.

## **Milligan, Tennelle — Costa Mesa, CA**

Team USA member is instrumental in teaching highly successful youth bowlers; organized weekly youth clinics.

## **Minsheu, Susie — Alvarado, TX**

Gold coach was the first woman to head IBPSIA; former coach of Chris Barnes.

## **Mohacs, Mark — Livonia, MI**

Silver-certified and Level II Dick Ritger coach taught WIBC Hall of Fame member Mary Mohacs; created "Up Your Average" and "Learn the Curve" clinics.

## **Moyer, Don — Enola, PA**

Gold-level coach is one of the most highly regarded in the business; has worked with Fred Borden, Sam Baca, Don Johnson, etc.

## **Mullen, Michelle — Farmington Hills, MI**

Gold-level, former Team USA coach; authored *Bowling Fundamentals*.

## **Nepomuceno, Paeng — Philippines**

Decorated international keglar is now a USBC coaching representative; coaches coaches around the world for the largest governing body.

## **Niemela, Dale — Brookville, WI**

Developed USBC's "Bowl Like the Pros"; coached the Saudi national team for two years.

## **Norman, Carol — Houston, TX**

Former PWBA great is now a Bronze-level Master Instructor; serves as a member of Storm Bowling's instructional staff.

## **Nyitray, Michael — Fort Lauderdale, FL**

Gold-certified coach has led multiple international teams to victory; this year's David Dahms Coach of the Year award winner.

# 100 TOP COACHES

**Padilla II, Terry Stephen — Winter Haven, FL**  
Assistant coach at Florida State University; teaching professional at the Kegel Training Center.

**Parsons, Gary — Hyattsville, MD**  
Level III Ritger coach is regarded as a tenpin “guru”; initiated IBPSIA “Advanced Pro Shop” certification course.

**Pearson, David Donald — Rochester, MN**  
Level III Dick Ritger coach has helped develop youth and high school bowlers into Junior Gold regulars.

**Pullman, Karen — Salt Lake City, UT**  
Gold coach has helped Salt Lake City’s best bowlers for many years; travels many miles to coach Special Olympics coaches.

**Rea, Bob — Bethell, WA**  
Ritger and USBC certified, Rea has been a Ritger System instructor for many years.

**Ross, Teresa — Manteca, CA**  
USOC Developmental Coach of the Year for 2006; coach for Junior Team USA.

**Ross, Rod — Manteca, CA**  
Future head coach of the USBC’s International Training Center; current Junior Team USA coach.

**Sandelin, Lucy — Tampa, FL**  
Founder of the World Cup Bowling Academy; 2007 Queens champion also volunteers for the Alonso High School Bowling League.

**Savage, Scott — West Lafayette, IN**  
Silver coach has been instrumental in developing Purdue University’s bowling teams.

**Schmid, Jack — The Villages, FL**  
Gold-level candidate works extensively with older bowlers; a senior bowling coaching expert.

**Shady, Mike — Fairview, PA**  
Silver-level coach has developed/instructed the likes of Michael Machuga, Jeff Richgells and Jeremy Sonnenfeld.

**Sill, Aleta — Farmington Hills, MI**  
Helped Michelle Feldman; runs a coaching company with fellow *BJI 100 Top* coach Michelle Mullen.

**Sims, Brent — Winter Haven, FL**  
Silver coach works at Kegel’s training facility.

**Slowinski, Joseph — Lake Wales, FL**  
Former Malaysian national team coach now heads Webber University squad.

**Snell, Brad — Mt. Prospect, IL**  
Gold-level coach trained by Carmen Salvino.

**Sparks, Gary — Vincennes, IN**  
Head coach at Vincennes University has guided his program to multiple national championships at the collegiate level.

**Spigner, Bill — Vernon Hills, IL**  
*BJI* contributor and Gold-level coach also leads the Vernon Hills High School boys team.

**Stein-Lemoreaux, Debbie — South River, NJ**  
Silver-level coach has directed instructional clinics; helped local high school bowlers achieve great success.

**Stoughton, Randy — Lake Wales, FL**  
Former PBA Services ball driller is now the head coach at the Kegel Training Center.

**Straub, Bill — Lincoln, NE**  
One of college bowling’s preeminent coaches, alongside Wichita’s Gordon Vadakin; has led the Lady Cornhuskers to multiple national titles.

**Sturm, Jimmy — Dunbar, WV**  
Developed BPAA’s “Coach It Up” program; past West Virginia Coach of the Year.

**Terrell, Kim — Dover, DE**  
PWBA star and USBC spokeswoman is now a collegiate coach at Delaware State.

**Tetterton Jr., William — Kenhorst, PA**  
2006 David Dahms USBC Coach of the Year seeks to improve and challenge youth bowlers.

**Tres, Bruce — Chicago, IL**  
Leads a high school conference powerhouse program; helped create both a Teen Masters champion and a Dexter USBC High School All-American.

**Titus, Norman — Columbia, TN**  
Silver coach leads Martin Methodist University; worked with Jason Couch on drilling layouts.

**Warren, Del — Lake Wales, FL**  
Former president of Track International; current VP of the Kegel Training Center.

**White, Don Eric — Minneapolis, MN**  
Lead instructor for Dick Ritger Bowling Camps since 2005; worked with 25 Minnesota Junior Bowlers Tour champions.

**Wiedman, Douglas L. — West Lafayette, IN**  
Creator and sole instructor for Purdue University’s bowling courses; teaches 270-280 students per semester.

**Williams, David E. — Tucson, AZ**  
Silver coach leads one of Arizona’s premier high school bowling programs; also leads an equally well-respected youth league program.

**Williams, Richard — Chesterland, OH**  
USBC Bronze Master Instructor certified almost 200 coaches in 2007; YABA Volunteer of the

Year in 2000 and 2003 USOC Bowling Volunteer Coach of the Year.

**Voss, Brian — Atlanta, GA**  
PBA and USBC Hall of Famer tours extensively, holding instructional seminars oftentimes in conjunction with fellow PBA Hall of Fame member Norm Duke.

**Yokobosky, Ken — Rockaway, NJ**  
Gold-certified assistant Team USA coach mentored by Fred Borden.

**Zikes, Lyle — Arlington Heights, IL**  
Proprietor and bowling writer who gives lessons to bowlers of all abilities; has a keen eye.

**Zuben, William J. — Largo, FL**  
Gold-level coach was USOC Developmental Coach of the Year; responsible for the day-to-day operation of the Kegel Training Center.

## TENPIN TENURED ‘FACULTY’

**Borden, Fred — Akron, OH**  
Former Team USA coach is regarded as “the” coach of the present era.

**Bunetta, William (Bill) — Fresno, CA**  
“The Professor” that provided today’s coaches with many of the ideas now taught on a regular basis; traveled the country for 40 years to share his bowling passion.

**Jowdy, John — El Cajon, CA**  
Alongside Fred Borden, regarded as the “coach of the pros;” his high-level experience is nearly unmatched.

**Kouros, Tom — Palatine, IL**  
Authored *Par Bowling*, the “coaching Bible” that most likely started it all.

**Ritger, Dick — River Falls, WI**  
Bill Bunetta’s protégé; creator of the popular Ritger coaching camps and programs.

**Robinson, Jeanette — Las Vegas, NV**  
Former member of the legendary AMF Staff of Champions; now serves as a volunteer coach, offering up her expertise.

**Salvino, Carmen — Schaumburg, IL**  
Gold-level coach is one of bowling’s living legends; mentored several of *BJI*’s “100 Top Coaches.”

**Taylor, Bill — Harvest, AL**  
Author of *Fitting and Drilling a Bowling Ball*; regarded as one of the sport’s most intelligent — and controversial — figures.

**Vadakin, Gordon — Wichita, KS**  
The college bowling coach all other college coaches are measured by; made Wichita State University into a perennial powerhouse.